



PATIENT INFORMATION

☐ Urgent (In checking this box, I attest to the fact that applying the standard review time frame may seriously jeopardize the customer's life, health, or ability to regain maximum function)

(if currently receiving) Has the patient responded to therapy as determined by the prescriber (Examples of a response to therapy are decreased asthma exacerbations; decreased asthma symptoms; decreased hospitalizations, emergency department, urgent care, or medical clinic visits due to asthma; improved lung function parameters; and/or a decreased requirement for oral corticosteroid therapy)?

☐ Yes ☐ No

Address (City, State, Zip Code):

Where will this drug be administered?

- ☐ Patient's Home
☐ Physician's Office
☐ Hospital Outpatient
☐ Other (please specify):

NOTE: Per some Cigna plans, infusion of medication MUST occur in the least intensive medically appropriate setting.

Is this patient a candidate for re-direction to an alternate setting (such as alternate infusion site, physician's office, home) with assistance of a Specialty Care Options Case Manager? ☐ Yes ☐ No (provide medical necessity rationale):

What is your patient's diagnosis?

- ☐ Asthma
☐ Atopic Dermatitis
☐ Chronic Obstructive Pulmonary Disease (COPD)
☐ Chronic Rhinosinusitis with Nasal Polyps (CRSwNP)
☐ Chronic Spontaneous Urticaria
☐ other (please specify):

Clinical Information:

Is the requested medication being prescribed by (or in consultation with) an allergist, immunologist, or a pulmonologist? ☐ Yes ☐ No

(if asthma) Did/Does the patient have a forced expiratory volume in 1 second (FEV1) of less than 80% predicted? Note: The reduced FEV1 should not be due to smoking-related chronic obstructive pulmonary disease ☐ Yes ☐ No

(if yes) Did/Does the patient have an FEV1/forced vital capacity (FVC) of less than 0.80? ☐ Yes ☐ No

(if asthma) Did/Does the patient have an increase of greater than 12% AND greater than 200 mL in FEV1 following the administration of a standard dose of a short-acting bronchodilator? ☐ Yes ☐ No

(if no) Did/Does your patient have an increase of greater than 12% AND greater than 200 mL in FEV1 between prescriber visits? ☐ Yes ☐ No

(if no) Did/Does the patient have an increase of greater than 12% AND greater than 200 mL in FEV1 from baseline to after at least 4 weeks of asthma treatment? ☐ Yes ☐ No

(if no) Did/Does the patient have a positive exercise challenge test? ☐ Yes ☐ No

(if no) Did/Does the patient have a positive bronchial challenge test? ☐ Yes ☐ No

(if asthma) Has the patient received at least 3 consecutive months of therapy with a medium- or high-dosed inhaled corticosteroid? ☐ Yes ☐ No

(if yes) During the time the patient received the medium- or high-dosed inhaled corticosteroid, did the patient also receive at least 3 consecutive months of therapy with at least one additional asthma controller or asthma maintenance medication? Examples of additional asthma controller or asthma maintenance medications are inhaled long-acting beta2-agonists, inhaled long-acting muscarinic antagonists, and monoclonal antibody therapies for asthma (for example, Tezspire, Cinqair [reslizumab intravenous infusion], Fasenra [benralizumab subcutaneous injection], Nucala [mepolizumab subcutaneous injection], Dupixent [dupilumab subcutaneous injection], Xolair [omalizumab subcutaneous injection]). Use of a combination inhaler containing both a medium- or high-dose inhaled corticosteroid and additional asthma controller/maintenance medication(s) would fulfill the requirement for both. ☐ Yes ☐ No

(if asthma) At baseline, did the patient experience two or more asthma exacerbations requiring treatment with systemic corticosteroids in the previous year? Note: Baseline is defined as prior to receiving the requested medication or another monoclonal antibody therapy for asthma (examples include Cinqair, Dupixent, Fasenra, Nucala, Tezspire, and Xolair). ☐ Yes ☐ No

(if no) At baseline, did the patient experience one or more asthma exacerbation(s) requiring hospitalization, an emergency department visit, or an urgent care visit in the previous year? ☐ Yes ☐ No

(if no) At baseline, did/does the patient have asthma that worsens upon tapering of oral (systemic) corticosteroid therapy? ☐ Yes ☐ No

(if asthma) Will the patient use the requested medication with other Monoclonal Antibodies? Monoclonal antibody therapies are Adbry (tralokinumab-ldrm subcutaneous [SC] injection), Cinqair (reslizumab intravenous injection), Dupixent (dupilumab SC injection), Ebglyss (lebrikizumab-lbkz SC injection), Fasenra (benralizumab SC injection), Nemluvio (nemolizumab-ilto SC injection), Nucala (mepolizumab SC injection), or Xolair (omalizumab SC injection). ☐ Yes ☐ No

(if yes) Please provide the clinical rationale for concurrent use of these drugs.

Additional Pertinent Information: Please provide any additional pertinent clinical information, including: if the patient is currently on the requested drug (with dates of use) and how they have been receiving it (for example: samples, out of pocket).

Attestation: I attest the information provided is true and accurate to the best of my knowledge. I understand that the Health Plan or insurer its designees may perform a routine audit and request the medical information necessary to verify the accuracy of the information reported on this form.

Prescriber Signature: _____ **Date:** _____

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